

NORDIC NATURALS SUPPLEMENT FACTS

OMEGA-3

Supplement Facts	
Serving Size: 2 Soft Gels	Servings per container: 30
Amount Per Serving	% Daily Value*
Calories	18
Calories from fat	18
Total Fat	2.0 g 3%
Saturated Fat	0.6 g 3%
Vitamin E (d-alpha tocopherol)	30 I.U. 100%
Omega-3s	Weight† Area %
EPA (Eicosapentaenoic Acid)	330 mg 18%
DHA (Docosahexaenoic Acid)	220 mg 12%
Other Omega-3s	140 mg 8%
Total	690 mg 38%

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established. ‡ Natural Triglycerides less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil, soft gel capsule (gelatin, water, glycerin, natural lemon oil), natural lemon oil, d-alpha tocopherol, rosemary extract.
 No gluten, yeast, milk derivatives, artificial colors or flavors.

EPA

Supplement Facts	
Serving Size: 2 Soft Gels	Servings per container: 30
Amount Per Serving	% Daily Value*
Calories	18
Calories from fat	18
Total Fat	2.0 g 3%
Saturated Fat	0.2 g 1%
Vitamin E (d-alpha tocopherol)	30 I.U. 100%
Omega-3s	Weight† Area %
EPA (Eicosapentaenoic Acid)	850 mg 45%
DHA (Docosahexaenoic Acid)	200 mg 10%
Other Omega-3s	180 mg 9%
Total	1230 mg 64%

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established. ‡ Natural Triglycerides less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil, soft gel capsule (gelatin, water, glycerin, natural lemon oil), natural lemon oil, d-alpha tocopherol, rosemary extract.
 No gluten, yeast, milk derivatives, artificial colors or flavors.

COMPLETE OMEGA-3.6.9

Supplement Facts	
Serving Size: 2 Soft Gels	Servings per container: 30
Amount Per Serving	% Daily Value*
Calories	18
Calories from fat	18
Total Fat	2.0 g 3%
Saturated Fat	0.4 g 2%
Vitamin E (d-alpha tocopherol)	30 I.U. 100%
Omega-3s	Weight† Area %
EPA (Eicosapentaenoic Acid)	270 mg 15%
DHA (Docosahexaenoic Acid)	180 mg 10%
Total	565 mg 31%
Omega-6s	Weight† Area %
LA (Linoleic Acid)	140 mg 8%
GLA (Gamma Linolenic Acid)	66 mg 4%
Omega-9s	Weight† Area %
OA (Oleic Acid)	188 mg 10%

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established. ‡ Natural Triglycerides less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil, soft gel capsule (gelatin, water, glycerin, natural lemon oil), borage oil, natural lemon oil, d-alpha tocopherol, rosemary extract.
 No gluten, yeast, milk derivatives, artificial colors or flavors.

OMEGA-3 LIQUID

Supplement Facts	
Serving Size: 1/2 Tsp (2.5 ml)	Servings per Bottle: 48
Amount Per Serving	% Daily Value*
Calories	23
Calories from fat	23
Total Fat	2.5 g 4%
Saturated Fat	0.8 g 4%
Vitamin E (d-alpha tocopherol)	2.5 I.U. 8%
Omega-3s	Weight† Area %
EPA (Eicosapentaenoic Acid)	413 mg 18%
DHA (Docosahexaenoic Acid)	275 mg 12%
Other Omega-3	175 mg 8%
Total	863 mg 38%

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established. ‡ Natural Triglycerides less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil, natural lemon oil, d-alpha tocopherol, rosemary extract.
 No gluten, yeast, milk derivatives, artificial colors or flavors.

DHA

Supplement Facts	
Serving Size: 2 Soft Gels	Servings per container: 45
Amount Per Serving	% Daily Value*
Calories	9
Calories from fat	9
Total Fat	1.0 g 2%
Saturated Fat	0 g 0%
Vitamin E (d-alpha tocopherol)	15 I.U. 50%
Omega-3s	Weight† Area %
DHA (Docosahexaenoic Acid)	450 mg 50%
EPA (Eicosapentaenoic Acid)	90 mg 10%
Other Omega-3s	40 mg 5%
Total	580 mg 65%

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established. ‡ Natural Triglycerides less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil, soft gel capsule (gelatin, water, glycerin, strawberry essence), strawberry essence, d-alpha tocopherol, rosemary extract.
 No gluten, yeast, milk derivatives, artificial colors or flavors.

COMPLETE OMEGA-3.6.9 LIQUID

Supplement Facts	
Serving Size: 1/2 Tsp (2.5 ml)	Servings per Bottle: 48
Amount Per Serving	% Daily Value*
Calories	23
Calories from fat	23
Total Fat	2.5 g 4%
Saturated Fat	0.5 g 3%
Vitamin E (d-alpha tocopherol)	2 I.U. 7%
Omega-3s	Weight† Area %
EPA (Eicosapentaenoic Acid)	338 mg 15%
DHA (Docosahexaenoic Acid)	225 mg 10%
Total	706 mg 31%
Omega-9s	Weight† Area %
OA (Oleic Acid)	235 mg 10%
Omega-6s	Weight† Area %
GLA (Gamma Linolenic Acid)	83 mg 4%

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established. ‡ Natural Triglycerides less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil, borage oil, natural lemon oil, d-alpha tocopherol, rosemary extract.
 No gluten, yeast, milk derivatives, artificial colors or flavors.

OMEGA-3 SINGLES

Supplement Facts	
Serving Size: 1 packet (5 ml)	30 per box
Amount Per Serving	% Daily Value*
Calories	45
Calories from fat	45
Total Fat	5 g 8%
Saturated Fat	1.5 g 8%
Vitamin E (d-alpha tocopherol)	5 I.U. 17%
Omega-3s	Weight† Area %
EPA (Eicosapentaenoic Acid)	825 mg 18%
DHA (Docosahexaenoic Acid)	550 mg 12%
Other Omega-3s	350 mg 8%
Total	1725 mg 38%

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established. ‡ Natural Triglycerides less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil, natural lemon oil, d-alpha tocopherol, rosemary extract.
 No gluten, yeast, milk derivatives, artificial colors or flavors.

ULTIMATE OMEGA

Supplement Facts	
Serving Size: 2 Soft Gels	Servings per container: 30
Amount Per Serving	% Daily Value*
Calories	18
Calories from fat	18
Total Fat	2.0 g 3%
Saturated Fat	0.1 g 1%
Vitamin E (d-alpha tocopherol)	30 I.U. 100%
Omega-3s	Weight† Area %
EPA (Eicosapentaenoic Acid)	650 mg 35%
DHA (Docosahexaenoic Acid)	450 mg 25%
Other Omega-3s	180 mg 10%
Total	1280 mg 70%

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established. ‡ Natural Triglycerides less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil, soft gel capsule (gelatin, water, glycerin, natural lemon oil), natural lemon oil, d-alpha tocopherol, rosemary extract.
 No gluten, yeast, milk derivatives, artificial colors or flavors.

COMPLETE OMEGA-3.6.9 SINGLES

Supplement Facts	
Serving Size: 1 packet (5 ml)	30 per box
Amount Per Serving	% Daily Value*
Calories	45
Calories from fat	45
Total Fat	5 g 8%
Saturated Fat	1 g 5%
Vitamin E (d-alpha tocopherol)	5 I.U. 17%
Omega-3s	Weight† Area %
EPA (Eicosapentaenoic Acid)	675 mg 15%
DHA (Docosahexaenoic Acid)	450 mg 10%
Total	1412 mg 31%
Omega-6s	Weight† Area %
LA (Linoleic Acid)	350 mg 8%
GLA (Gamma Linolenic Acid)	165 mg 4%
Omega-9s	Weight† Area %
OA (Oleic Acid)	470 mg 10%

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established. ‡ Natural Triglycerides less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil, borage oil, natural lemon oil, d-alpha tocopherol, rosemary extract.
 No gluten, yeast, milk derivatives, artificial colors or flavors.

OMEGA-3 (IN FISH GELATIN)

Supplement Facts	
Serving Size: 2 Fish Gels	Servings per container: 30
Amount Per Serving	% Daily Value*
Calories	18
Calories from fat	18
Total Fat	2.0 g 3%
Saturated Fat	0.6 g 3%
Vitamin E (d-alpha tocopherol)	30 I.U. 100%
Omega-3s	Weight† Area %
EPA (Eicosapentaenoic Acid)	330 mg 18%
DHA (Docosahexaenoic Acid)	220 mg 12%
Other Omega-3s	140 mg 8%
Total	690 mg 38%

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established. ‡ Natural Triglycerides less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil, soft gel capsule (fish gelatin, glycerin, water, natural lemon oil), natural lemon oil, d-alpha tocopherol, rosemary extract.
 No gluten, yeast, milk derivatives, artificial colors or flavors.

ULTIMATE OMEGA LIQUID

Supplement Facts	
Serving Size: 1/2 Tsp (2.5 ml)	Servings per Bottle: 48
Amount Per Serving	% Daily Value*
Calories	23
Calories from fat	23
Total Fat	2.5 g 4%
Saturated Fat	0.1 g 1%
Vitamin E (mixed tocopherols)	9 I.U. 30%
Omega-3s	Weight† Area %
EPA (Eicosapentaenoic Acid)	813 mg 35%
DHA (Docosahexaenoic Acid)	563 mg 25%
Other Omega-3	225 mg 10%

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established. ‡ Natural Triglycerides less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil, natural lemon oil, mixed tocopherols, rosemary extract.
 No gluten, yeast, milk derivatives, artificial colors or flavors.

OMEGA WOMAN

Supplement Facts	
Serving Size: 2 Soft Gels	Servings per container: 60
Amount Per Serving	% Daily Value*
Calories	9
Calories from fat	9
Total Fat	1.0 g 2%
Saturated Fat	0 g 0%
Vitamin E (d-alpha tocopherol)	15 I.U. 50%
Omega-3s	Weight† Area %
EPA (Eicosapentaenoic Acid)	33 mg 3.6%
DHA (Docosahexaenoic Acid)	22 mg 2.4%
Evening Primrose Oil	800 mg 80%
GLA (Gamma Linolenic Acid)	76 mg 8%

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established. ‡ Natural Triglycerides less than 5 mg of Cholesterol per serving.

Ingredients: evening primrose oil, purified deep sea fish oil, soft gel capsule (gelatin, water, glycerin, natural lemon oil), natural lemon oil, d-alpha tocopherol, rosemary extract.
 No gluten, yeast, milk derivatives, artificial colors or flavors.

ARCTIC COD LIVER OIL ORANGE

Supplement Facts			
Serving Size: 1 Teaspoon (5 ml)		Servings per Bottle: 48	
Amount Per Serving	% DV ¹	%DV ²	
Calories	45		
Calories from fat	45		
Total Fat	5.0 g	†	8%*
Saturated Fat	1.0 g	†	5%*
Cholesterol	14 mg	†	5%*
Vitamin A	1500-2750 I.U.	60-110%*	30-55%*
Vitamin D	5-40 I.U.	†	1-10%*
Vitamin E (mixed tocopherols)	5 I.U.	†	17%*
Omega-3s	Weight†	Area %	
DHA (Docosahexaenoic Acid)	625 mg	14%	
EPA (Eicosapentaenoic Acid)	410 mg	9%	
Other Omega-3s	225 mg	5%	

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
1 Daily Value (DV) for children under 4 years of age.
2 Daily Value (DV) for adults and children over 4 years of age.
♥ Al= Adequate Intake † Natural Triglycerides

Ingredients: purified arctic cod liver oil, vitamin E (mixed tocopherols), 100% natural orange oil.
No gluten, yeast, milk derivatives, artificial colors or flavors.

ARCTIC COD LIVER OIL LEMON

Supplement Facts			
Serving Size: 1 Teaspoon (5 ml)		Servings per Bottle: 48	
Amount Per Serving	% DV ¹	%DV ²	
Calories	45		
Calories from fat	45		
Total Fat	5.0 g	†	8%*
Saturated Fat	1.0 g	†	5%*
Cholesterol	14 mg	†	5%*
Vitamin A	1500-2750 I.U.	60-110%*	30-55%*
Vitamin D	5-40 I.U.	†	1-10%*
Vitamin E (mixed tocopherols)	5 I.U.	†	17%*
Omega-3s	Weight†	Area %	
DHA (Docosahexaenoic Acid)	625 mg	14%	
EPA (Eicosapentaenoic Acid)	410 mg	9%	
Other Omega-3s	225 mg	5%	

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
1 Daily Value (DV) for children under 4 years of age.
2 Daily Value (DV) for adults and children over 4 years of age.
♥ Al= Adequate Intake † Natural Triglycerides

Ingredients: purified arctic cod liver oil, vitamin E (mixed tocopherols), 100% natural lemon oil.
No gluten, yeast, milk derivatives, artificial colors or flavors.

ARCTIC COD LIVER OIL PLAIN

Supplement Facts			
Serving Size: 1 Teaspoon (5 ml)		Servings per Bottle: 48	
Amount Per Serving	% DV ¹	%DV ²	
Calories	45		
Calories from fat	45		
Total Fat	5.0 g	†	8%*
Saturated Fat	1.0 g	†	5%*
Cholesterol	14 mg	†	5%*
Vitamin A	1500-2750 I.U.	60-110%*	30-55%*
Vitamin D	5-40 I.U.	†	1-10%*
Vitamin E (mixed tocopherols)	5 I.U.	†	17%*
Omega-3s	Weight†	Area %	
DHA (Docosahexaenoic Acid)	625 mg	14%	
EPA (Eicosapentaenoic Acid)	410 mg	9%	
Other Omega-3s	225 mg	5%	

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
1 Daily Value (DV) for children under 4 years of age.
2 Daily Value (DV) for adults and children over 4 years of age.
♥ Al= Adequate Intake † Natural Triglycerides

Ingredients: purified arctic cod liver oil, vitamin E (mixed tocopherols).
No gluten, yeast, milk derivatives, artificial colors or flavors.

ARCTIC COD LIVER OIL SINGLES

Supplement Facts			
Serving Size: 1 packet (5 ml)		30 per box	
Amount Per Serving	% DV ¹	%DV ²	
Calories	45		
Calories from fat	45		
Total Fat	5.0 g	†	8%*
Saturated Fat	1.0 g	†	5%*
Cholesterol	14 mg	†	5%*
Vitamin A	1500-2750 I.U.	60-110%*	30-55%*
Vitamin D	5-40 I.U.	†	1-10%*
Vitamin E (d-alpha tocopherol)	5 I.U.	†	17%*
Omega-3s	Weight†	Area %	
DHA (Docosahexaenoic Acid)	625 mg	14%	
EPA (Eicosapentaenoic Acid)	410 mg	9%	
Other Omega-3s	225 mg	5%	

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
1 Daily Value (DV) for children under 4 years of age.
2 Daily Value (DV) for adults and children over 4 years of age.
♥ Al= Adequate Intake † Natural Triglycerides

Ingredients: purified arctic cod liver oil, vitamin E (d-alpha tocopherol), 100% natural orange oil.
No gluten, yeast, milk derivatives, artificial colors or flavors.

COD LIVER OIL CAPSULES

Supplement Facts			
Serving Size: 2 Soft Gels		Servings per container: 45	
Amount Per Serving	% Daily Value*		
Calories	18		
Calories from fat	18		
Total Fat	2.0 g	3%	
Saturated Fat	0.4 g	2%	
Cholesterol	5 mg	2%	
Vitamin A	600-1100 I.U.	12-22%	
Vitamin D	2-16 I.U.	0.5-4%*	
Vitamin E (d-alpha tocopherol)	27 I.U.	90%	
Omega-3s	Weight†	Area %	
DHA (Docosahexaenoic Acid)	250 mg	14%	
EPA (Eicosapentaenoic Acid)	164 mg	9%	
Other Omega-3	90 mg	5%	

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established. † Natural Triglycerides
♥ Al= Adequate Intake

Ingredients: purified arctic cod liver oil, soft gel capsule (gelatin, water, glycerin, natural lemon oil), natural lemon oil, vitamin E (d-alpha tocopherol).
No gluten, yeast, milk derivatives, artificial colors or flavors.

Berry Keen

Supplement Facts			
Serving Size: 1/2 Tsp (2.5 ml)		Servings per Bottle: 48	
Amount Per Serving	% DV ¹	%DV ²	
Calories	23		
Calories from fat	23		
Total Fat	2.5 g	†	4%*
Saturated Fat	0.5 g	†	3%*
Cholesterol	7 mg	†	2%*
Vitamin A	750-1375 I.U.	75-138%*	15-28%*
Vitamin D	2.5-20 I.U.	†	0.5-5%*
Vitamin E (mixed tocopherols)	2.5 I.U.	†	8%*
Omega-3s	Weight†	Area %	
DHA (Docosahexaenoic Acid)	313 mg	14%	
EPA (Eicosapentaenoic Acid)	205 mg	9%	
Other Omega-3s	113 mg	5%	

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
1 Daily Value (DV) for children 1 to 4 years of age.
2 Daily Value (DV) for adults and children over 4 years of age.
♥ Al= Adequate Intake † Natural Triglycerides

Ingredients: purified arctic cod liver oil, vitamin E (mixed tocopherols), strawberry essence.
No gluten, yeast, milk derivatives, artificial colors or flavors.

Children's DHA

Supplement Facts			
Serving Size: 4 Soft Gels		Servings per container: 45	
Amount Per Serving	% Daily Value*		
Calories	9		
Calories from fat	9		
Total Fat	1.0 g	†	
Saturated Fat	0 g	†	
Polyunsaturated Fat	1.0 g	†	
Vitamin A	300-550 I.U.	12-22%*	
Vitamin D	1-8 I.U.	†	
Vitamin E (d-alpha tocopherol)	14 I.U.	†	
Omega-3s	Weight†	Area %	
DHA (Docosahexaenoic Acid)	125 mg	14%	
EPA (Eicosapentaenoic Acid)	82 mg	9%	
Other Omega-3s	45 mg	5%	

* Percent Daily Values for children under four years of age.
† Daily Value not established. † Natural Triglycerides
♥ Al= Adequate Intake
Less than 5 mg of Cholesterol per serving.

Ingredients: purified arctic cod liver oil, soft gel (gelatin, water, glycerin, strawberry essence), vitamin E, strawberry essence, rosemary extract.
No gluten, yeast, milk derivatives, artificial colors or flavors

OMEGA-3.6.9 JUNIOR

Supplement Facts			
Serving Size: 2 Soft Gels		Servings per container: 45	
Amount Per Serving	% Daily Value*		
Calories	9		
Calories from fat	9		
Total Fat	1.0 g	†	
Saturated Fat	0.2 g	†	
Vitamin E (d-alpha tocopherol)	15 I.U.	†	
Omega-3s	Weight†	Area %	
EPA (Eicosapentaenoic Acid)	135 mg	8%	
DHA (Docosahexaenoic Acid)	90 mg	5%	
Total	283 mg	16%	
Omega-6s	Weight†	Area %	
LA (Linoleic Acid)	70 mg	4%	
GLA (Gamma Linolenic Acid)	33 mg	2%	
Omega-9s	Weight†	Area %	
OA (Oleic Acid)	94 mg	5%	

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established. † Natural Triglycerides
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil, soft gel capsule (gelatin, water, glycerin, natural lemon oil), borage oil, natural lemon oil, d-alpha tocopherol, rosemary extract.
No gluten, yeast, milk derivatives, artificial colors or flavors.

PET CLO

Guaranteed Analysis	
1 teaspoon = 5 ml (5000 mg)	
1 teaspoon contains:	
Crude fat (min.)	99.9%
Moisture (max.)	0.01%
Vitamin A (min.)	1580 I.U./tsp.
Vitamin D (min.)	6 I.U./tsp.
Total Omega-3 Fatty Acids* (min.)	27%
Docosahexaenoic Acid (DHA)* (min.)	13%
Eicosapentaenoic Acid (EPA)* (min.)	9%

*Not recognized as an essential nutrient by the AAFCO dog or cat food nutrient profiles.
Ingredients: cod liver oil (source of vitamins A and D), mixed tocopherols (a preservative).
Fatty acid in 100% natural triglyceride form

OMEGA-3 PET

Guaranteed Analysis	
1 soft gel = 1000 mg	
1 soft gel contains 1000 mg fish oil	
Crude fat (min.)	.67%
Moisture (max.)	.3%
Total Omega-3 Fatty Acids* (min.)	.22%
Eicosapentaenoic Acid (EPA)* (min.)	.11%
Docosahexaenoic Acid (DHA)* (min.)	.7%

*Not recognized as an essential nutrient by the AAFCO dog or cat food nutrient profiles.
Ingredients: fish oil, soft gel capsule (gelatin, water, glycerin), d-alpha tocopherol (a preservative).
No artificial colors or flavors
Fatty acid in 100% natural triglyceride form